

Sabbath School
Psalms in Prophecy
May 31, 2025

LESSON 9

May 24-30

In the Psalms: Part 2



Martin Luther

"The Psalms are a Little Bible, wherein everything contained in the *entire Bible* is beautifully and briefly comprehended."

Luther wrote the words and composed the hymn "*A Mighty Fortress Is Our God*" between 1527 and 1529. It has been translated into English at least seventy times and also into many other languages. The words are mostly original, although the first line paraphrases

Der xlvj. Psalm/ Deus
noster refugium et
virtus/ etc.

Martinus Luther.

Ein feste burg ist unser Gott Ein gut
Er hilfft uns frey aus aller not/ die uns
te wehr vnd waffen/ Der alt böß
ist hat be troffen/ se feind

30. 49.

se feind / mit ernst ers ist meint / gros
(macht vnd
viel list/ sein grausam rüstung ist / auß
erd ist
nicht seins gleichen.
Mit vnser macht ist nichts gethan/
wir sind gar bald verloren / Es streit
für uns der rechte man / den Gott hat
selbs

EG White, Manuscript 28, 1898

"The Psalms reveals that higher education which all must receive, or perish in their sins. Man alone is disobedient to the laws of Jehovah. When the Lord bids nature bear *testimony* to the things which He has made, instantly they witness to the glory of God."

The SS lesson points out that **Bible prophecy** is more than just the statue in Dan 2, the horns in Dan 7, the war in heaven in Rev 12, the beast out of the sea in Rev 13, the mark of

the beast, etc. These are *huge landmarks* of course, and we study them extensively.

But the three angels message IS the **Great Controversy**, and it is a *holistic message*. It gets right to the spiritual war going on *inside* of us, Romans 7-8.

Prophecy, however, also deals with key issues associated with sin and suffering, judgment, the battle between good and evil, the nature of justice and injustice, persecution, and more.

For instance, this week's lesson in Psalms deals with end time issues such as,

- ≡ ○ The end of the world
- ≡ ○ The Investigative Judgment
- ≡ ○ The mission of the remnant church

The Psalms speaks to the **human condition** in the context of the war that we're in, and the **storm** that is coming.



46

*To the chief Musician for the sons of
Korah, A Song upon Alamoth.*

¹ God *is* our refuge and strength,

A very present help in trouble.

² Therefore will not we fear, though the
earth be removed,

And though the mountains be carried
into the midst of the sea;

³ *Though* the waters thereof roar *and*
be troubled,

Though the mountains shake with the
swelling thereof.

Selah.

We are actually in trouble **now**. Read Paul's struggle with sin, the invisible war within,

recorded in Romans 7-8. We all know it well.

In spite of that reality, times are relatively good *now* - **easy times**, on the sunny side of the storm that's coming ☀️ Now is the time of preperation. So the question is, how exactly is God our **refuge and our strength** this side of the storm? How does He work to prepare us?

What does He give us to not just survive this Great Controversy, but thrive. And persevere and grow stronger in our faith until we are **Immovable**,

📖 The Word of God + spirit of prophecy

☁️ The Holy Spirit to overcome sin

💎 A promise of what's to come!

There is no doubt now is the time to prepare!

*Watch ye therefore, and pray always, that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man. **Luke 21:36.***

Signs of the Times, Nov 27, 1879

"Those professed believers who come up to

the time of trouble unprepared, will, in their despair, confess their sins before the world in words of burning anguish, while the wicked exult over their distress. The case of all such is hopeless.. Those who have delayed a preparation for the day of God cannot obtain it in the time of trouble, or at any future period."

"The righteous will not cease their earnest, agonizing cries for deliverance.. Their sins have gone beforehand to judgment, and pardon has been written. Their sins have been borne away into the land of forgetfulness, and they cannot bring them to remembrance."

That season of distress and anguish will require an effort of earnestness and determined faith that can endure delay and hunger, and will not fail under weakness, though severely tried. The period of probation is the time granted to all to prepare for the day of God.—*The Signs of the Times, November 27, 1879.*

This is how we can be **confident** in our stand during the storm that's coming,

Psalm 46:2-3 KJV

[2] Therefore **will not we fear**, though the earth be removed, And though the mountains be carried into the midst of the sea; [3] Though the waters thereof roar and be troubled, Though the mountains shake with the swelling thereof. Selah.

Ellen White gives us counsel on exactly how to use the gifts God has given us to prepare,

We must study the truth for ourselves. No living man should be relied upon to think for us. No matter who it is, or in what position he may be placed, we are not to look upon any man as a perfect criterion for us. We are to counsel together, and to be subject to one another; but at the same time we are to exercise the ability God has given us to learn what is truth. Each one of us must look to God for divine enlightenment. We must individually develop a character that will stand the test in the day of God. We must not become set in our ideas, and think that no one should interfere with our opinions.—[The Review and Herald, June 18, 1889. {CW 45:1}](#)

"They reflected the image of God. They are full of the light and the glory of the Holy One. If we would have the image and superscription of God upon us, **we must separate ourselves from all iniquity.** We must

forsake every evil way, and then we must trust our cases in the hands of Christ. While we are working out our own salvation with fear and trembling, **God will work in us** to will and to do of His own good pleasure"

Review & Herald, March 19, 1889

MONDAY

May 26

Hope Amid Turmoil

Much of the language in the book of Psalms is symbolic, but when it comes to the language that points forward to the ultimate resetting of our planet, we have little reason to believe that it is *merely* symbolic. [Psalm 46](#) reminds us that the physical earth will be deeply affected by Christ's return. But it is not merely the rocks and ocean that will be affected; the grand climax of earth's history will mean the breakdown of worldly kingdoms the miserable systems of human government that have caused so much suffering over the millennia.

Talk about the **Great Reset!** The real one, the permanent one, is coming and Psalms tells us about it, it alludes to it.

What does *Allusions* mean?

an expression designed to call something to mind without mentioning it explicitly; an indirect or passing reference.

Read Ps 46.4-9

Daniel 2:44-45 KJV

[44] And in the days of these kings shall the God of heaven **set up a kingdom**, which shall never be destroyed: and the kingdom shall not be left to other people, but it shall **break in pieces and consume all these kingdoms**, and it shall stand for ever. [45] Forasmuch as thou sawest that the stone was cut out of the mountain without hands, and that it **brake in pieces** the iron, the brass, the clay, the silver, and the gold; the great God hath made known to the king what **shall come to pass** hereafter: and the dream is certain, and the interpretation thereof sure.

Revelation 6:14 KJV

And the heaven departed as a scroll when it is rolled together; and every mountain and island were moved out of their places.

2 Peter 3:12 KJV

looking for and hasting unto the coming of the day of God, wherein the heavens being on fire shall be dissolved, and the elements shall melt with fervent heat?

Jeremiah 4:27-28 KJV

[27] For thus hath the LORD said, The whole land shall be desolate; yet will I not make a full end. [28] For this shall the earth mourn, and the heavens above be black: because I have spoken it, I have purposed it, and will not repent, neither will I turn back from it.

Revelation 21:5 KJV

And he that sat upon the throne said, Behold, **I make all things new.** And he said unto me, Write: for these words are true and faithful.

1 AND I SAW A **NEW HEAVEN**
AND A **NEW EARTH**: FOR
THE FIRST HEAVEN AND THE
FIRST EARTH WERE PASSED
AWAY; AND THERE WAS NO
MORE SEA. 2 AND I JOHN SAW
THE **HOLY CITY**, NEW
JERUSALEM, COMING DOWN
FROM GOD OUT OF HEAVEN,
PREPARED AS A BRIDE
ADORNED FOR HER
HUSBAND.

REVELATION 21:1-2 KJV

Under His Feet

Read [Psalm 47:1-4](#). What does it say about our place, ultimately, in Christ's kingdom?

Psalm 47:1-4 KJV

[1] O clap your hands, all ye people; Shout unto God with the voice of triumph. [2] For the LORD most high is terrible; He is a great King over all the earth. [3] He shall subdue the people under us, And the nations under our feet. [4] He shall choose our inheritance for us, The excellency of Jacob whom he loved. Selah.

In the end, we trust that God will deliver on His promises to His people. We have **hope and peace**, knowing that God has us. Check out the final verses,

Psalm 46:10-11 KJV

[10] Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth. [11] **The LORD of hosts is with us;** The God of Jacob is our refuge. Selah

10 Be still, and
exalted among the heathen, I will be exalted
in the earth. Ps. 100:3; Is. 2:11, 17

46:10 Christ Speaks in Quietness

In all who are under the training of God is to be revealed a life that is not in harmony with the world, its customs, or its practices; and everyone needs to have a personal experience in obtaining a knowledge of the will of God. We must individually hear Him speaking to the heart. When every other voice is hushed, and in quietness we wait before Him, the silence of the soul makes more distinct the voice of God. DA 363

11 The LORD of hosts is with us; the God of Jacob is our refuge. Selah.

Cut out all the noise and distraction, and you can hear God's voice and He can work to transform you. Satan wants us distracted!

"Be still and Know"

Wine and Blood

Read [Psalm 75](#). Read also [Matthew 26:26-29](#) and [Revelation 14:9-12](#). What does this Psalm reveal about some of the issues at stake in the judgment, and how do these other texts help us understand these issues?

Psalms 75 speaks of the Investigative Judgment in heaven. James White wrote in the *Review & Herald*, Jan 29, 1857

It appears that the saints are judged while some are living, and others are dead. To place the **investigative judgment** of the saints after the resurrection of the just, supposes the possibility of a mistake in the resurrection, hence the necessity of an investigation to see if all who were raised were really worthy of the first resurrection. But the fact that all who have part in that resurrection are "blessed and holy," shows that decision is passed on all the saints before the second coming of Christ.

Psalm 75:2-3 KJV

[2] When I shall receive the congregation I will judge uprightly. [3] The earth and all the inhabitants thereof are dissolved: I bear up the pillars of it. Selah.

The **congregation** is God's professed people. God judges the Church first,

1 Peter 4:17 KJV

For the time is come that judgment must begin at the house of God: and if it first begin at us, what shall the end be of them that obey not the gospel of God?



Shawn Boonstra writes in the lesson,

However bad the problems are, as believers we are reminded to live with hope and not to judge the future by current events. It is easy to despair as we see the pillars of civilization being steadily eroded by the hearts and minds of the godless, or by those whose views of God are not found in the Bible. We are currently living in a period where moral values, even things as basic as human gender, male and female, have come under assault, at least in some parts of the world. Certain types of immorality, things that many people would have been ashamed to talk about, even privately, are now lauded and applauded publicly. That's how bad things are getting.

We discussed this in our End Times seminar that EGW saw the moral decline of society as the ultimate justification of Sunday laws,

Great Controversy, chapter 36

"Yet this very class (religious leaders) put forth the claim that the fast-spreading corruption is largely attributable to the desecration of the so-called "Christian

sabbath," and that the enforcement of Sunday observance would **greatly improve the morals of society**. This claim is especially urged in America, where the doctrine of the true Sabbath has been most widely preached."

Psalms speaks to this,

Psalm 14:1 KJV

The fool hath said in his heart, there is no God. They are corrupt, they have done abominable works, There is none that doeth good.

Psalm 53:2-3 KJV

[2] God looked down from heaven upon the children of men, To see if there were any that did understand, that did seek God. [3] Every one of them is gone back: they are altogether become filthy; There is none that doeth good, no, not one.

Thursday's lesson speaks to our *mission* as God's end time remnant church,

67

*To the chief Musician on Neginoth, A
Psalm or Song.*

¹ God be merciful unto us, and bless us;
And cause his face to shine upon us;
Selah.

² That thy way may be known upon
earth,
Thy saving health among all nations.

³ Let the people praise thee, O God;
Let all the people praise thee.

Revelation 14:6-7 KJV

[6] And I saw another angel fly in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people, [7] saying with a loud voice, Fear God,

and give glory to him; for the hour of his judgment is come: and worship him that made heaven, and earth, and the sea, and the fountains of waters.

Our ultimate goal and purpose is to make the only true God *known* to everyone on earth.

John 17:3 KJV

And this is life eternal, that they **might know thee** the only true God, and Jesus Christ, whom thou hast sent.

Through making God known, the sharp contrast with the Enemy will naturally draw people to God's side,

John 12:32 KJV

And I, if I be lifted up from the earth, will draw all men unto me.

In the process, we have much **Bible truth** to share with the world at the very end of time.

The lesson points out that there's even more than this. **YOU** have a crucial role,

But there is more: God intends that **we reflect** His light to the rest of the world. This was the task given to Israel: the temple was to be a house of prayer for all nations: “ ‘Even them I will bring to My holy mountain, and make them joyful in My house of prayer. Their burnt offerings and their sacrifices will be accepted on My altar; for My house shall be called a house of prayer for all nations’ ” ([Isa. 56:7](#), NKJV).

Ellen White sums it up perfectly in this letter written in 1891,

“By their words and actions,
all men will take knowledge of
them that they have been with
Jesus and learned of Him.

They are a **holy, happy
people**, the objects of
Christ's divine love”

Manuscript Releases 14

1891

Where Bible truth may not fully persuade,
seeing a life *fully surrendered* to Christ will
make the difference, I believe, for multitudes
when the Loud Cry goes out.

Revelation 14.4-5

They follow the Lamb wherever He goes.
Psalms speaks to this truth as well,

Psalm

23

A Psalm of David.

¹ The LORD *is* my shepherd; I shall not want.

² He maketh me to lie down in green pastures:
He leadeth me beside the still waters.

³ He restoreth my soul:
He leadeth me in the paths of righteousness for his name's sake.

"Paths of righteousness"

Jesus always leads to righteousness.

Revelation 14:1 KJV

And I looked, and, lo, a Lamb stood on the mount Sion, and with him an hundred forty and four thousand, having his **Father's name written in their foreheads.**